


# January

2017

## DISCOVERY ZONE

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  fall 2 Closed	<b>3</b> Turkey Cubes Potato Soup Roll Pineapple Milk	<b>4</b> Tuna Salad Red Peppers Crackers Cantaloupe Milk	<b>5</b> Chicken Quesadilla Corn Watermelon Milk	<b>6</b> Swedish Meatballs Peas Butternut Noodles Honeydew Milk
<b>9</b> Fish Sticks Carrots Rice Applesauce Milk fall 3	<b>10</b> Chicken Cheesesteak Red Peppers Roll Pineapple Milk	<b>11</b> Turkey Hoagie Cheese Lettuce & Tomato Cantaloupe Milk	<b>12</b> Chicken Stir Fry Sesame Noodles Watermelon Milk	<b>13</b> Mac & Cheese Broccoli Honeydew Milk
<b>16</b> Pizza Dippers Cucumber Slices Applesauce Milk fall 4	<b>17</b> Tacos Corn Tortilla Chips Pineapple Milk	<b>18</b> Meatball Sub Roll Green Beans Cantaloupe Milk	<b>19</b> Cheeseburger Sliders Tater Tots Roll Watermelon Milk	<b>20</b> Turkey Stuffing Peas Honeydew Milk
<b>23</b> Chicken Nuggets Mixed Salad Tortilla Chips Mango Milk fall 1	<b>24</b> Parmesan Tilapia Broccoli Butter Noodles Pineapple Milk	<b>25</b> Chef Salad w/ Turkey.Cheese Roll Cantaloupe Milk	<b>26</b> Scrambled Eggs Hash Browns Sliced Breas Watermelon Milk	<b>27</b> Cheese Lasagna Green Beans Honeydew Milk
<b>30</b> Turkey Sausage Hash Browns French Toast Sticks Applesauce Milk fall 2	<b>31</b> Turkey Cubes Potato Soup Roll Pineapple Milk	<b>1</b> Tuna Salad Red Peppers Crackers Cantaloupe Milk	<b>2</b> Chicken Quesadilla Corn Watermelon Milk	<b>3</b> Swedish Meatballs Peas Butternut Noodles Honeydew Milk

### Amounts for Serving

Protein 2 oz  
 Fruit/Vegetable 1/4 cup  
 Bread 1 slice  
 Grain 1/4 cup  
 Milk 4 oz

**1% Milk  
 Served  
 with  
 Lunch**